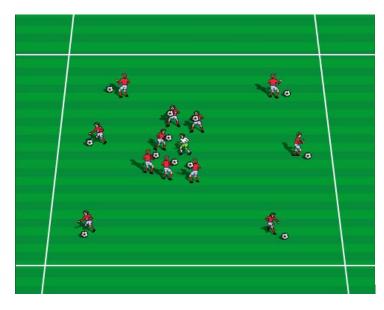


## Activity # - 118

Game Title:	Planet Saver	Game Theme:	Body Parts
Learning Outcome(s):	Develop physical literacy and creative thinking		



# **Organization:**

- 1. 20 x 20 yard area set up as shown
- 2. 12 players set up as shown
- 3. 12 balls

## Story/Description:

Curriculum – Mini Kick

- 1. Each planet saver (players) passes the planet (ball) to the coach who then throws it into space
- 2. The planet saver then has to chase the planet before it is lost in outer space forever (goes outside the area)
- 3. Each time the coach tells the planet savers how to save the planet and bring it back using a different part of their body, feet only, no hands or feet, head only (be creative)

#### **Coaching Points:**

- 1. Save the planet as quickly as you can but remember to listen carefully to the coach
- 2. Keep your head up just in case the coach moves!

#### **Developments:**

- 1. P Move around the area so that players have to look up and adapt to your new position
- 2. P Get the players to work in pairs